

## Cambridgeshire and Peterborough Clinical Commissioning Group

## **Family Carers Prescription**

Family Carer visits GP
Practice / GP on home visit
with Family Carer

GP completes
Prescription

Family Carer contacts Carers Trust
Cambridgeshire (CTC) / GP emails
via nhs.net or faxes Prescription to
CTC within 28 days
GP Practice updates Prescription

issue date if over 28 days

CTC completes an over the phone initial assessment (including carer's well-being) within 1 working day of Prescription receipt. Full assessment scheduled within 5 working days (or to suit Family Carer)

CTC completes full assessment at time and location of Family Carers choice:

- provides Information, Advice & Guidance including support with emergency planning
- plans short break if the Family Carer chooses this
- makes onward referrals

**Break delivered** 

2-8 weeks after the support from CTC

CTC make a follow up phone call (review) to offer further support if required and ascertain impact of the support to date - carers well-being check

CTC issue referral follow-up letter via nhs.net to GP Practice with referral outcome

CTC provide follow-up support as required and feedback to GP Practice as necessary

CTC surveys impact of support and obtains feedback on the service